



Division of Adolescent & Young Adult Medicine Retreat- 2018

Carlos Penilla, DrPH, MS

Postdoctoral Fellow

Research Background

UCSF/SFGH Latino Mental Health Research Program

- Mamás y Bebés/Mothers and Babies Project (Private)
- Spanish/English Website for Smoking Cessation Trials (TRDRP)
- Programa Latino Para Dejar de Fumar (SFDPH)

UCSF Center for Health and Community

- Parental Feeding Practices and Child Weight Status in Mexican American Families (NHLBI)

UC Berkeley School of Public Health

- The Role of Fathers in Helping to Prevent Obesity in Latino Children (Kaiser & East Bay Community Foundation)

Current Research Projects

INSPIRE: A Self-Adaptive Personalized Behavior Change System for Adolescent Preventive Healthcare (NSF)

Health Quest: Engaging Adolescents in Health Careers with Technology-Rich Personalized Learning (NIH)

➤ Promoting Latino Adolescents' Health Science Career Interests Through Technology-Rich Learning Experiences

Other Interests

- Public health policy
- Mixed methods research
- Translational research
- Mentoring underrepresented minority students