



Division of Adolescent & Young Adult Medicine Retreat- 2018

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Child Clinical Psychology



Background

PhD, University of Minnesota

- Developmental Psychopathology and Clinical Science
 - Longitudinal research
 - Program evaluation

Clinical internship, Stanford

- Child and Adolescent Psychology
 - Inpatient at LPCH (C/L, eating disorders)
 - Outpatient at CHC community clinic (individual therapy, DBT group, assessment)



Current Projects

INSPIRE project (Elizabeth Ozer)

- Ecologically valid, technology based, and developmentally informed interventions
 - Future directions of the field; leveraging technology and developmental science broadly

UC Berkeley IHD (Ron Dahl, via Adolescent and Young Adult Health Research Network [MCHB])

- Center on Adolescent Development
 - Effective Socioemotional Learning (SEL) with early adolescents at transition to middle school

Future Directions

- **Research:** Continued research work with Dr. Ozer & team on INSPIRE and other projects that integrate developmental science into technology-based interventions and preventive initiatives
- **Translation:** Secondary interest in translating research for policy and practice
- **Clinical:** Licensure; clinical work with adolescents that informs the above