



Division of Adolescent & Young Adult Medicine Retreat- 2018

Addressing Youth Substance Use in Northern California

Future Directions at UCSF

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Background/Purpose

Most youth with substance use disorders (SUDs)
DO NOT receive evidence-based treatment

- Few pediatric providers are trained to address substance use and addiction
- Clinics/programs that offer evidence-based treatment for youth with SUDs are few

Substance Abuse and Mental Health Services Administration (2013), Feder (2017), Rasyidi (2012), Hadland (2016)

Methods

Elective in AYA Substance Use and Addiction

- Collaboration with the UCSF Primary care Addiction Medicine program
- Collaboration with the UCSF Addiction Psychiatry Program
- Youth Substance Use Program (YSUP) within the UCSF Adolescent Medicine clinic at Mt.Zion

Future Directions

Elective in AYA Substance Use and Addiction

- Formal Course Evaluation
 - AMERSA core competencies
- Expansion of elective to pediatrics residents
- Ultimate Goal: Adolescent Addiction Fellowship